Assistant Guide Course

SAREA is the South Australian Rockclimbing Education Association and has been serving South Australia since 1981. It was established to assist rock climbers in gaining leadership skills and accreditation to become competent guides and instructors. The SAREA guide and instructor programs will not teach you how to climb.

SAREA offers an Assistant Guide Training program. Until recently, to become an Assistant Guide you needed to seek out a SAREA qualified Top Rope Instructor or Multi Pitch Instructor so they could assess your competence. That option still exists however SAREA realises it is not always practical to do this nor to train AG's during programs.

Once trained and assessed, an Assistant Guide can operate under the supervision of a qualified SAREA Instructor or Guide in a top rope setting. The AG award is a great first step towards higher level SAREA qualifications. It also provides an opportunity to upskill existing staff to increase program capacity. The two-day training course provide training in the following:

- Providing advice for and assist with top rope climbing
- Anchor set-ups for top rope and assisted abseil
- Providing safety information
- Tying participants in appropriately
- Assisting with belay supervision
- Assisting with group management
- Complying with basic OHS&W guidelines
- Assisting with and provide advice regarding care of equipment

Prerequisites

This is not a learn-to-climb course, the focus will be on keeping others safe in a cliff environment. You should have a basic understanding of climbing equipment and have some experience with belaying and tying knots. Course notes will be provided before the course. No lead climbing is required. A good level of personal fitness is required, with the ability to move unassisted on steep and uneven terrain.

Price - $350* for two days of instruction. Minimum of 3 participants

Enquiries / Bookings

Contact the Coordinating Assessor to lodge your interest.

SAREA Co-ordinating Assessor: Email: ca@sarea.org.au.

Assessment - Assessment is **conducted separately** to this training course. It can be completed with any SAREA TRI or MPI, or candidates may seek assessment through a SAREA (charges will apply).

*Price is correct for 2026

S.A.R.E.A.

South Australian Rockclimbing Education Association