



Assistant Guide Course

SAREA is the South Australian Rockclimbing Education Association and has been serving South Australia since 1981. It was established to assist rock climbers in gaining leadership skills and accreditation to become competent guides and instructors. The SAREA guide and instructor programs will not teach you how to climb.

SAREA offers an Assistant Guide Training program as an additional means of becoming a competent Assistant Guide. The option to seek out a SAREA qualified Top Rope Instructor or Multi Pitch Instructor to could assess your competence still exists, however SAREA realises it is not always practical to do this and so has established this training course.

Once trained and assessed, an Assistant Guide can operate under the supervision of a qualified SAREA Instructor or Guide in a top rope setting. The AG award is a great first step towards higher level SAREA qualifications. It also provides an opportunity to upskill existing staff to increase program capacity. The two-day training course provides training in the following:

- Providing advice for and assist with top rope climbing
- Anchor set-ups for top rope and assisted abseil
- Providing safety information
- Tying participants in appropriately
- Assisting with belay supervision
- Assisting with group management
- Complying with basic OHS&W guidelines
- Assisting with and provide advice regarding care of equipment

Prerequisites

This is not a learn-to-climb course, the focus will be on keeping others safe in a cliff environment. You should have a basic understanding of climbing equipment and have some experience with belaying and tying knots. Course notes will be provided before the course. No lead climbing is required.

Price - \$275 for two full days of instruction.

Dates for 2024: One course is scheduled for 2023 - **March 23rd and 24th**. Further courses can be run on demand, with a minimum of three participants required per course.

Enquiries / Bookings

Contact the Coordinating Assessor to lodge your interest.

SAREA Co-ordinating Assessor: Dan Coletti Ph: 0421 393 520; Email: ca@sarea.org.au.

Assessment - Assessment is **conducted separately** to this training course. It can be completed with any SAREA TRI or MPI, or candidates may seek to seek assessment through SAREA (additional cost).

