S.A.R.E.A.

SAREA MULTI-PITCH GUIDE/ INSTRUCTOR ASSESSMENT

Candidates name: ..... Location: .....

Assessor name/s: …….. Level of Qualification for Assessment…..MPG / MPI

Date: ……..... / ……..... / ……..... Time started: ..... Time finished: .....

There are 2 components to the Multi-Pitch Guide assessment, and 3 components for Multi-Pitch Instructor assessment:

1. Multi-pitch guiding assessment; safely guiding clients up and down a multi-pitch climb
2. Lead climbing and abseil instruction; competently teaching clients to lead climb & abseil ***(MPI only)***
3. Multi-pitch rescue assessment; demonstrate competence in the core skills of mechanical advantage, lowering past a knot, descending to assist and helping an injured client

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1. The assessment will take place at a suitable multi-pitch venue at time nominated by the coordinating assessor and candidates may be assessed alongside at least one other candidate. The assessment requires at least two days.

2. Prior to assessment, assessor to be provided with the following information:

- Risk management Plan, which includes the following;
  - Emergency response action plan
  - Contingency plans
  - Late/ change of intention plan
  - Participant information/ medical information
  - Communication plan with other staff, organisations and services
  - Environmental considerations
  - Access and permits
  - Hazard identification and mitigation
  - Ratio and qualification requirements

- Session Plan for a multi pitch instruction session which includes the following situation; **(MPI ONLY)**

  Location – Arapiles
  Participants - 14 students
  Staff – 4 (1xMPI, 1xMPG, 1xTRI, 1xAG)
  Duration - 1 day in length

  Session Objectives: Students are doing a split program with some students wanting to learn to lead climb and multi pitch abseil, some top rope climb and others willing to be guided in a multipitch environment for 1 day.

  You need to explain in detail the session with the **2** participants who are participating in the learn to lead and abseil in a multipitch environment. The other participants will still need to be considered and mentioned; however, the detailed session plan is only required for the MPI participants (section 2 of this assessment) 10 participants Top roping, 2 being guided and 2 being taught MP Lead.

- General information for participants participating in a multi pitch climb

3. Candidate to supply all equipment for assessment.

4. Your assessment may be immediately concluded if you fail to maintain the personal safety of yourself or any person under your direct supervision.

5. The order of assessment is at the assessor's discretion to provide flexibility around weather, climb availability etc. A typical assessment may involve the guiding assessment first followed by the lead instruction assessment and finishing with the rescue components that have yet to be assessed.

Please note: It is important for candidates not to view the three sections of the assessment in isolation. Components of the rescue assessment may be assessed during the guiding assessment at the assessor's discretion however this will not include rescue task 10.5. A pre-requisite to assessment at Multi-Pitch Guide/Instructor level is the Top Rope Instructor and Single pitch Guide award.

I have read and understood the above information: …… (Candidate's signature)

S.A.R.E.A.

SAREA MULTI-PITCH GUIDE/ INSTRUCTOR ASSESSMENT

1. Pre-assessment checks (MPG and MPI)

		Checked
1.1.	Participant information sheet	☐
1.2.	Session plan suitable (MPI only)	☐
1.3.	Risk management plan suitable	☐
1.4.	Equipment safety check	☐
1.5.	Check candidate has the following:	
1.5.1	Readily accessible First Aid kit	☐
1.5.2	Suitable climbing equipment, including helmets	☐
1.5.3	Appropriate footwear for a cliff environment	☐
1.5.4	Communication plan	☐
1.5.5	Log book of MP climbing and Instructional/Guiding hours for desired qualification	☐

Comments: .....

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Section 1: Multi-pitch Guiding (MPG and MPI)

2. Pre-climbing instruction

Climb name/s: ..... Grade: .....

		Talked	Demo
2.1.	Outlines aims and objectives	☐	☐
2.2.	Safety talk	☐	☐
2.3.	Belaying responsibilities	☐	☐
2.4.	Minimizing environmental impact	☐	☐
2.5.	Equipment checks – Prusiks, carabiners, belay device, nut removal tool	☐	☐
2.6.	Personal protective equipment	☐	☐
2.7.	Climbing calls and alternative communication	☐	☐
2.8.	Maintaining personal safety	☐	☐
2.9.	Removing equipment safely and without loss	☐	☐
2.10.	Procedures if unable to climb	☐	☐
2.11.	Procedures in the event of leader falling	☐	☐
2.12.	Procedures in the event of accident to leader	☐	☐
2.13.	Checks candidate has minimum skills for seconding	☐	☐
2.14.	Procedures at belay ledge	☐	☐
2.15.	Safety checks – helmet, harness, carabiner, belay device, personal anchor	☐	☐

Comments: .....

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3. Guiding multi-pitch rock-climb (minimum 2 pitches required)

		Talked	Demo
Climb name/s: ..... Grade:			
3.1.	Climb selected appropriate	☐	☐
3.2.	Maintains communication with client	☐	☐
3.3.	Seconder belaying monitored	☐	☐
3.4.	Belay stations anchored appropriately, including for multidirectional forces	☐	☐
3.5.	Safe belaying by leader	☐	☐
3.6.	Seconder safety monitored	☐	☐
3.7.	Seconders anchored appropriately	☐	☐
3.8.	Belays positioned appropriately	☐	☐
3.9.	Belay set ups allow for management of seconder difficulties	☐	☐
3.10.	Belay ledge procedures for seconder clear and unambiguous	☐	☐
3.11.	Transitions between seconding and leading smooth and efficient	☐	☐
3.12.	Weather, risks and hazards monitored	☐	☐
3.13.	Provides appropriate advice on climbing	☐	☐

Comments: .....

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4. Multi-pitch abseiling guiding (2 pitches required. Can be actual pitches or created ones)

		Talked	Demo
Abseil location/s:			
4.1.	Client safety briefing	☐	☐
4.2.	Client safety maintained throughout	☐	☐
4.3.	Clear and unambiguous instructions	☐	☐
4.4.	Equipment checks	☐	☐
4.5.	Stopper knot tied in end of rope/s	☐	☐
4.6.	Abseil ledges maintained safely	☐	☐
4.7.	Rope retrieval	☐	☐

Comments: .....

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5. Post trip responsibilities

		Talked	Demo
5.1.	Obtains client feedback on experience and concludes experience appropriately	☐	☐
5.2.	Checks equipment	☐	☐

Comments: .....

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S.A.R.E.A.

SAREA MULTI-PITCH GUIDE/ INSTRUCTOR ASSESSMENT

Section 2: Instructional Techniques and Methods (MPI ONLY)

Please Note: The detailed session plan, can be used to complement the evidence of this section

6. Instruction for single-pitch lead climbing

Climb name/s: ..... Grade/s: .....

		Talked	Demo
6.1.	Outlines aims and objectives	☐	☐
6.2.	Instructs candidate in skills and knowledge for lead climbing	☐	☐
6.3.	Selecting suitable climbs for beginning lead climbing	☐	☐
6.4.	Personal protective equipment	☐	☐
6.5.	Lead climbing equipment	☐	☐
6.6.	Placement of anchors	☐	☐
6.7.	Positioning of anchors	☐	☐
6.8.	Belaying responsibilities and methods	☐	☐
6.9.	Positioning of belayer	☐	☐
6.10.	Multi-directional anchors for belayer	☐	☐
6.11.	Minimizing environmental impact	☐	☐
6.12.	Equipment checks	☐	☐
6.13.	Climbing calls and alternative communication	☐	☐
6.14.	Maintaining personal safety	☐	☐
6.15.	Removing equipment safely and without loss	☐	☐
6.16.	Procedures if unable to climb	☐	☐
6.17.	Procedures in the event of leader falling	☐	☐
6.18.	Procedures at belay ledge	☐	☐
6.19.	Instructions for seconder	☐	☐
6.20.	Guide book use	☐	☐

Comments: .....

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7. Instruction for multi-pitch climbing

Climb selected: ..... Grade: .....

		Talked	Demo
7.1.	Climb selected appropriate	☐	☐
7.2.	Maintains communication with client	☐	☐
7.3.	Seconders anchored appropriately	☐	☐
7.4.	Belay stations anchored appropriately, including for multidirectional forces	☐	☐
7.5.	Seconder safety monitored	☐	☐
7.6.	Belays positioned appropriately	☐	☐
7.7.	Belay set ups allow for management of seconder difficulties	☐	☐
7.8.	Belay ledge procedures for seconder clear and unambiguous	☐	☐
7.9.	Transitions between seconding and leading smooth and efficient	☐	☐
7.10.	Weather, risks and hazards monitored	☐	☐
7.11.	Provides appropriate advice on climbing	☐	☐

Comments: .....

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8. Instruction for multi-pitch abseiling

		Talked	Demo
Abseil location/s:			
8.1.	Safety brief	☐	☐
8.2.	Client safety maintained throughout	☐	☐
8.3.	Clear and unambiguous instructions	☐	☐
8.4.	Equipment checks	☐	☐
8.5.	Stopper knot tied in end of rope/s	☐	☐
8.6.	Abseil ledges maintained safely	☐	☐
8.7.	Rope retrieval	☐	☐

Comments: .....

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9. Instructional techniques and methods

		Talked	Demo
9.1.	Learning episode well planned	☐	☐
9.2.	Appropriate learning sequence provided	☐	☐
9.3.	Appropriate learning equipment selected	☐	☐
9.4.	Demonstrations are clear and to a high technical level	☐	☐
9.5.	Instructions are clear and unambiguous	☐	☐
9.6.	Instructional methodology fosters safe independent lead climbing practice	☐	☐
9.7.	Teaching points reflect ability to break down complex skills into component parts	☐	☐
9.8.	Demonstrates ability to provide feedback on technique to facilitate knowledge	☐	☐
9.9.	Demonstrates ability to seek and apply feedback regarding performance	☐	☐
9.10.	Checks for understanding	☐	☐
9.11.	Professional conduct demonstrated throughout	☐	☐
9.12.	Positive relationship with clients	☐	☐

Comments: .....

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Section 3: Multi-pitch Rescue (MPG and MPI)

Please note: components of this section may be assessed during the guiding assessment at the Assessor's discretion.

The MPG/MPI Rescue assessment tasks have been designed to allow the candidate to demonstrate competence in the following four key areas:

1. The ability to pass a knot while lowering. (10.2)
2. The ability to descend to a second to solve a problem in the climbing system e.g. stuck rope. Knot in rope etc. (10.3)
3. The ability to assist a second who cannot climb through a pitch and in particular demonstrate the ability to raise the second using mechanical advantage. (10.4)
4. The ability to access and stabilize an injured second and when appropriate, descend to the ground with the injured second in a safe manner. This scenario will require the candidate to perform the following tasks; counter weight abseil to participant, stabilize the participant, descend further to suitable belay point, rig belay and perform assisted abseil to the ground. (10.5)

10. Multi-pitch incident management

Climb name/s: ..... Grade: .....

		Talked	Demo
10.1.	**Incident – Preparation**		
10.1.1	Prior planning for incident management	☐	☐
10.1.2	Communication systems established	☐	☐
10.2.	**Incident – Passing a knot when lowering on a loaded rope**– A knot has been placed in the system (joining two ropes after cutting for example) and the candidate must demonstrate moving it through the system when lowering a fully weighted participant		
10.2.1	Anchors and system is set up to facilitate escaping	☐	☐
10.2.2	Task carried out in an efficient and timely manner	☐	☐
10.2.3	Minimal lowering of climber	☐	☐
10.2.4	Communication maintained	☐	☐
10.2.5	Personal safety maintained	☐	☐
10.2.6	Changeover smooth and efficient	☐	☐
10.3.	**Incident – Accessing second to solve an issue**– A multitude of reasons would require access to the second. Demonstrate your ability by discussing with the assessor a method of your choice and be willing to discuss an alternative method.		
10.3.1	Anchors and system is set up to facilitate access	☐	☐
10.3.2	Climber accessed in an efficient and timely manner	☐	☐
10.3.3	Communication maintained	☐	☐
10.3.4	Personal safety maintained	☐	☐
10.4.	**Incident – Unassisted haul**– Assisting a second that cannot climb through a section of the pitch. Likely assessed during the Guiding component of the assessment.		
10.4.1	Anchors and system is set up to facilitate haul	☐	☐
10.4.2	Haul carried out in an efficient and timely manner	☐	☐
10.4.3	Minimal lowering of climber	☐	☐
10.4.4	Communication maintained	☐	☐
10.4.5	Personal safety maintained	☐	☐

S.A.R.E.A.

SAREA MULTI-PITCH GUIDE/ INSTRUCTOR ASSESSMENT

(10.5) This task combines a number of challenging tasks and decisions for the candidate. The scenario will require the candidate to descend to an initially unresponsive and unconscious climber. At this point of the assessment the candidate's ability to stabilize the patient and make sound decisions around their welfare is being assessed. The options to raise or lower will be considered and discussed with the assessor but for the purposes of assessment, the candidate will be required to descend with the patient to the ground. After demonstrating effective stabilization of the patient, the patient will regain consciousness for the descent; they will be compliant but will not be able to contribute to the descent (physically or otherwise) in any manner. The Candidate must then demonstrate that they can descend with the patient (i.e. abseil) to the ground with at least one intermediary pitch. They have only the one rope to complete the task (when guiding one client, it would not be common practice to carry a second rope). (This can be done on a single or multi pitch route but at least one intermediate belay must be set up on the descent). This task must be completed in a maximum of 90 minutes.

An example of context for the candidate: When climbing a pinnacle (no way to walk off or climb off), you are at a belay 85m from the ground and your second becomes incapacitated 10m below the belay (75m above the ground). You have one 60m rope. Once you have counterweight abseiled to the second, stabilized them, and counterweight abseiled again lower to the ground, you must build and attach yourself and your second to an intermediate belay station. From this lower belay station, you will need to construct an assisted abseil system to support abseiling yourself and the second safely to the ground on a single strand leaving your rope in place.

The key thing we want to see is that the candidates can access the second, stabilise them, move down with them, establish an anchor and move them down again. Just accessing them, establishing an anchor and then moving directly to the ground is not enough. As in the example above, the climber is 75m above the ground and a 60m rope would not reach when the two climbers make initial contact.

10.5.	**Incident – Rescuing an injured second**		
10.5.1	Anchors and system is set up to facilitate effective retrieval	☐	☐
10.5.2	Alternative options (i.e. raise or lower?) considered	☐	☐
10.5.3	Climber accessed in an efficient and timely manner	☐	☐
10.5.4	Appropriate application of first aid and nursing care	☐	☐
10.5.5	Clear strategy for retrieval outlined	☐	☐
10.5.6	Knowledge of emergency services demonstrated	☐	☐
10.5.7	Assisted Abseil guiding systems appropriate for injured person	☐	☐
10.5.8	Assisted Abseil(s) carried out in an efficient and timely manner (less than 90 minutes).....	☐	☐
10.6.	**Incident – Cut harness**		
10.6.1	Improvised harness constructed in an efficient and timely manner	☐	☐
10.6.2	Harness safe and comfortable	☐	☐

Comments: .....

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Overall Assessor/s comments on assessment:

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I hereby state that this is a true and fair assessment:

Assessor/s Signature/s: ..... Candidates Signature: .....