

climber (at approximately half-height) 'freezes' on the climb and will not descend without further support. Your task is to safely remove the belayer from the system, access the climber and safely bring them to the ground. The belayer is belaying on a non-autolock belay device and the climber will willingly return to the ground with close and careful assistance.

9. Candidate abseils to the bottom of the cliff passing the knot. The candidate then ascends the rope passing the knot, using either prussiks or mechanical ascenders, and removes knot on descent. The rope is then ascended & descended using the method not used already, no knot.

End of assessment. Pack up and debrief assessment (*show candidate this assessment sheet and discuss all items*). The Assessor is not to advise the candidate of a pass or fail at this time as this can only be concluded once all areas of the assessment have been discussed at an AA Panel Meeting, and ratified by the SAREA Board.



1. Pre-assessment Checks

- 1.1. Readily accessible first aid kit and mobile phone
- 1.2. Climbing equipment , appropriate, and history known
- 1.3. Appropriate footwear and attire

2. Top Rope Set Up

Climb Name:.....

- 2.1. Safety checks carried out
- 2.2. Evidence of set up equipment safety checks.....
- 2.3. Assesses bollards and demonstrates bollard knowledge.....
- 2.4. Climb choice is appropriate, with hazards removed
- 2.5. Awareness of loose rock
- 2.6. Figure 8 knot (rethreaded, and on the bite)
- 2.7. Discuss appropriate use of trees at Morialta and Onkaparinga.....
- 2.8. Multiple anchors equalized with minimal shock load
- 2.9. Rechecks all knots, including tape knots
- 2.10. Checks carabiners are correctly closed.....
- 2.11. Prussic knots (demonstrate two different variations)
- 2.12. Appropriate and safe bottom belay anchor point/site
- 2.13. Correct belay and bottom belay anchor set up

Comments:

.....

.....

.....

3. Climbing Terminology and Skills

- 3.1. Grading system and guidebook interpretation
- 3.2. Differences between static and dynamic ropes
- 3.3. Difference between double (half), twin, and single ropes
- 3.4. Tubular Webbing/tape
- 3.5. Double fisherman’s knot
- 3.6. Dropped equipment
- 3.7. Climbing impact on the cliff environment and other park users
- 3.8. Knowledge of DEH ‘Code of Practice for Rock Climbers’
- 3.9. Permission and access
- 3.10. Safety inspection of equipment procedures before and after climbing



SAREA TRG and TRI/SPG ASSESSMENT

- 3.11. Pegs, Carrots, Pitons and Bolts
- 3.12. Fall factors
- 3.13. Force and angles

- 3.14. Shock loading
- 3.15. Clove hitch
- 3.16. Alpine Butterfly

Comments:

.....

.....

.....

4. Abseil Guide - Load releasing abseil with a Safety Line

- 4.1. Safety checks carried out
- 4.2. Selection of suitable anchor points
- 4.3. Checks on abseiler prior to abseiling
- 4.4. Effective use of chest harness
- 4.5. Ability to deal with a possible incident, such as inversion, or jammed device...
- 4.6. Clear and unambiguous communication
- 4.7. Safety of climber and belayer maintained at all times
- 4.8. Munter hitch

Comments:

.....

.....

.....

.....

5. Single Pitch Abseil Instruction - abseil without a safety (treat Assessor as novice)

- 5.1. Provides safety brief to assessor.....
- 5.2. Instructs assessor in appropriate equipment for an independent abseil:
 - 5.2.1. Strengths and limitations of a range of different abseil devices.....
 - 5.2.2. Length, diameter & characteristics of prussic cords and knots.....
- 5.3. Instructs assessor in methods of maintaining personal safety.....
- 5.4. Instructs assessor in how to set up a single pitch single rope abseil rope
 - 5.4.1. Selecting an appropriate abseil site.....
 - 5.4.2 Multiple anchors - SRENEA
 - 5.4.3. Effective use of a prussic
 - 5.4.4. Safety of self and assessor maintained at all times.....
 - 5.4.5. Clear teaching cues and emphasis on safety
 - 5.4.6. Knot in end of abseil rope (or reason for not).....
- 5.5. Instructs assessor in abseiling techniques:



SAREA TRG OR TRI/SPG ASSESSMENT

- 5.5.1. Beginning edge and overhangs.....
- 5.5.2. Clearing obstacles
- 5.6. Instructs assessor in how to avoid and manage possible incidents:
 - 5.6.1. Inversion.....
 - 5.6.2. Jammed abseil device
 - 5.6.3. Jammed prussic
- 5.7. Instructs assessor in how to complete a single pitch double rope abseil:
 - 5.7.1. System set up to facilitate pulling rope through.....
 - 5.7.2. Knots in end of rope.....
 - 5.7.3. Safe and effective rope retrieval.....

Comments:

.....

.....

.....

.....

6. Single Pitch Guiding (treat Assessor as novice) Climb Name:.....

- 6.1. Evidence of climbing equipment safety checks.....
- 6.2. Climb choice is appropriate with hazards identified or removed.....
- 6.3 Candidate instructs assessor in effective single pitch seconding:
 - 6.3.1 Anchors
 - 6.3.2. Communication.....
 - 6.3.3. Belaying techniques.....
 - 6.3.4. Positioning of belayer.....
 - 6.3.5. Removal of protection.....
 - 6.3.6. Demonstrate knowledge of protection types (nuts, hexes, cams).....
- 6.4. Candidate instructs assessor in procedures to manage incidents:
 - 6.4.1. Falling
 - 6.4.2. Rope Jam
 - 6.4.3. Inability to hear climbing calls
- 6.5. Safety Checks prior to climbing - harness, helmet, carabiner, knots.....
- 6.6. Instructs climbing techniques required for the climb.....
- 6.7. Adequate and good placement of protection whilst climbing.....
- 6.8. Safe belaying of seconder.....
- 6.9. Ability to hoist seconder a minimum of 1.5 meters.....
- 6.9. Set up of safe, effective top belay system for seconder.....
- 6.10. Candidate instructs assessor on process once climb completed:
 - 6.10.1. Ensuring adequate distance from cliff.....
 - 6.10.2. Untying procedures
- 6.11. Leading competence
- 6.12. Confidence in instructing

Comments:

.....

SAREA TRG OR TRI/SPG ASSESSMENT

Rescue Component (Assessor to choose components as necessary)

7. Hoisting and Hauling

- 7.1. Anchors set up to facilitate use of an assisted or unassisted hoist
- 7.2. Safety checks carried out prior to use of equipment
- 7.3. Demonstrate safe lowering practices with chosen belay device
- 7.4. Assisted Hoist
 - 7.4.1. Clear and unambiguous communication
 - 7.4.2. Carried out in an efficient and timely manner
 - 7.4.3. Personal safety maintained
 - 7.4.4. Climber safety maintained
- 7.5. Haul conscious person using a mechanical advantage system
 - 7.5.1. Clear and unambiguous communication
 - 7.5.2. Carried out in an efficient and timely manner
 - 7.5.3. Demonstrate an increase in mechanical advantage
 - 7.5.4. Personal safety maintained
 - 7.5.5. Climber safety maintained

Comments:

8. Rescue Scenario

- 8.1. Safety checks carried out prior to use of equipment
- 8.2. Clear and unambiguous communication
- 8.3. Carried out in an efficient and timely manner
- 8.4. Personal safety maintained
- 8.5. Climber safety maintained

Comments:

9. Abseiling, Ascending and Descending

- 9.1. Safety checks carried out prior to use of equipment
- 9.2. Passing a knot
 - 9.2.1. Carried out in a timely and efficient manner
 - 9.2.2. Personal safety maintained
- 9.3. Ascending with prussiks
 - 9.3.1. Carried out in a timely and efficient manner
 - 9.3.2. Personal safety maintained
- 9.4. Ascending with mechanical ascenders
 - 9.4.1. Carried out in a timely and efficient manner
 - 9.4.2. Personal safety maintained

Comments:



SAREA TRG OR TRI/SPG ASSESSMENT

.....
.....

10. Instructional techniques and methods

- 10.1. Demonstrations are clear and to a high technical level
- 10.2. Instructions are clear and unambiguous
- 10.3. Instruction reflects ability to break down complex skills into component parts..
- 10.4. Demonstrate ability to provide feedback on technique to facilitate knowledge.
- 10.5. Professional conduct demonstrated throughout
- 10.6. Positive relationship with clients
- 10.7. Avoids or diffuses conflict situations

Comments:

.....
.....

Assessor/s comments on assessment (to be included in the candidates logbook):

.....
.....

Assessor/s signature/s: Candidate's Signature: