

SAREA RPL Assessment for:

Top Rope Guide

Top Rope Instructor and Single Pitch Guide

	Top Rope Instructor and Single Pitch Guide ☐
Please tick which assessment:	Top Rope Guide □
Weather conditions:	
Date: / Time started:	Time finished: (Time allowed: 6hrs)
Assessor/s name/s:	
Candidate's name:	Location:

Please note:

- A stop a
- All equipment for this assessment must be provided by the candidate, unless otherwise arranged. This may include, but is not limited to, an abseil rope, climbing rope, prussics, pulley, carabiners, slings, harness, lead equipment, helmet and belay device.
 - Your assessment will be immediately concluded if you fail to maintain the personal safety of yourself or any person under your direct supervision.
 - You must not conduct yourself as a qualified SAREA Guide/Instructor, until your assessment, logbook and First Aid Certificate, have been sited and ratified by the SAREA Board, and you have been subsequently notified by the Coordinating Assessor.

I have read and understood the above information: (Candidate's Signature)

Assessment Outline:

- 1. Meet candidate at pre-arranged location, e.g. Top Gate at Morialta. Candidate to supply all own equipment, with assessor supplying their own harness, helmet, carabiners and belay device. Conduct pre-assessment checks (if items missing, you may need to cancel assessment).
- 2. Move to cliff environment where candidate sets up top rope <u>bottom</u> belay, anchored on established bollards. Assessor to ask assessment questions during this time.
- 3. Questions about climbing terminology and equipment are to be asked throughout the day.
- **4.** Set up a static rope abseil line with a safety line. Abseil line to have load release anchor. Candidate guides assessor on abseil with safety line. **Candidate must fit an effective chest harness as part of the safety line system.**
- 5. Candidate instructs assessor (as novice) in the following areas of abseiling instruction:
 - Single pitch (SP), single rope abseil equipment and setup
 - · Abseiling technique, safety and dealing with possible incidents
 - Single pitch double rope abseil, with rope retrieval
- 6. Candidate instructs assessor (as novice) to second a SP lead climb of grade 12 or above.
- 7. Using a choice of belay device, lower climber approximately 3m over cliff edge. Demonstrate an assisted hoist, and then an unassisted hoist using a mechanical advantage system. Weight must be moved efficiently, and the climber must be lowered back to the 3m mark between tasks, (time taken must not exceed more than 5 minutes for each task).
- 8. Respond to the following top-rope scenario; you are an instructor supervising a top-rope bottom belay system with one climber and one belayer. The belayer is attached to a bottom anchor. The

climber (at approximately half-height) 'freezes' on the climb and will not descend without further support. Your task is to safely remove the belayer from the system, access the climber and safely bring them to the ground. The belayer is belaying on a non-autolock belay device and the climber will willingly return to the ground with close and careful assistance.

Candidate abseils to the bottom of the cliff passing the knot. The candidate then ascends the rope
passing the knot, using either prussiks or mechanical ascenders, and removes knot on descent
The rope is then ascended & descended using the method not used already, no knot.

End of assessment. Pack up and debrief assessment (show candidate this assessment sheet and discuss all items). The Assessor is not to advise the candidate of a pass or fail at this time as this can only be concluded once all areas of the assessment have been discussed at an AA Panel Meeting, and ratified by the SAREA Board.



SAREA TRG and TRI/SPG ASSESSMENT

1. Pre-assessment Checks

	Readily accessible first aid kit and mobile phone Climbing equipment , appropriate, and history known	
2. To	pp Rope Set Up Climb Name:	
	2.1. Safety checks carried out	
	2.2. Evidence of set up equipment safety checks	
	2.3. Assesses bollards and demonstrates bollard knowledge	
	2.4. Climb choice is appropriate, with hazards removed	
	2.5. Awareness of loose rock	
	2.6. Figure 8 knot (rethreaded, and on the bite)	
	2.7. Discuss appropriate use of trees at Morialta and Onkaparinga	
	2.8. Multiple anchors equalized with minimal shock load	
	2.9. Rechecks all knots, including tape knots	
	2.10. Checks carabiners are correctly closed	
	2.11. Prussic knots (demonstrate two different variations)	
	2.12. Appropriate and safe bottom belay anchor point/site	
	2.13. Correct belay and bottom belay anchor set up	
Comi	ments:	
3. Cli	imbing Terminology and Skills	
	3.1. Grading system and guidebook interpretation	
ш	3.2. Differences between static and dynamic ropes	
	3.3. Difference between double (half), twin, and single ropes	
ш	3.4. Tubular Webbing/tape	
	3.6. Dropped equipment	
	3.7. Climbing impact on the cliff environment and other park users	
	3.9. Permission and access	

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	3.11. Pegs, Carrots, Pitons and Bolts	
	3.13. Force and angles	
	3.14. Shock loading	
	3.15. Clove hitch	
Con	3.16. Alpine Butterflynments:	Ш
	bseil Guide - Load releasing abseil with a Safety Line	
T. 7		
	4.1. Safety checks carried out	
	4.3. Checks on abseiler prior to abseiling	
	4.4. Effective use of chest harness	
	4.5. Ability to deal with a possible incident, such as inversion, or jammed device	
	4.6. Clear and unambiguous communication	
	4.7. Safety of climber and belayer maintained at all times	
	4.8. Munter hitch	
Con	nments:	_
5. S	ingle Pitch Abseil Instruction - abseil without a safety (treat Assessor as novice)	
	5.1. Provides safety brief to assessor	
	5.2.1. Strengths and limitations of a range of different absell devices	
	5.2.2. Length, diameter & characteristics of prussic cords and knots	
	5.3. Instructs assessor in methods of maintaining personal safety	
	5.4. Instructs assessor in how to set up a single pitch single rope abseil rope	
	5.4.1. Selecting an appropriate absell site	
	5.4.2 Multiple anchors - SRENEA	
	5.4.3. Effective use of a prussic	
	5.4.4. Safety of self and assessor maintained at all times	
	5.4.5. Clear teaching cues and emphasis on safety	
	5.4.6. Knot in end of abseil rope (or reason for not)	
	5.5. Instructs assessor in abseiling techniques:	



SAREA TRG OR TRI/SPG ASSESSMENT

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	5.5.1. Beginning edge and overhangs	
	5.5.2. Clearing obstacles	
	5.6.Instructs assessor in how to avoid and manage possible incidents: 5.6.1. Inversion	
	5.6.2. Jammed abseil device	
	5.6.3. Jammed prussic	ш
	5.7.1. System set up to facilitate pulling rope through	
	5.7.2. Knots in end of rope	
^or	mments:	ш
6. S	Single Pitch Guiding (treat Assessor as novice) ClimbName:	
	6.1. Evidence of climbing equipment safety checks	
	6.2. Climb choice is appropriate with hazards identified or removed	
	6.3 Candidate instructs assessor in effective single pitch seconding:	
	6.3.1 Anchors	
	6.3.2. Communication	
	6.3.3. Belaying techniques	
	6.3.4. Positioning of belayer	
	6.3.5. Removal of protection	
	6.3.6. Demonstrate knowledge of protection types (nuts, hexes, cams)	
	6.4. Candidate instructs assessor in procedures to manage incidents:	
	6.4.1. Falling	
	6.4.2. Rope Jam	
	6.4.3. Inability to hear climbing calls	
	6.5. Safety Checks prior to climbing - harness, helmet, carabiner, knots	
	6.6. Instructs climbing techniques required for the climb	
	6.7. Adequate and good placement of protection whilst climbing	
	6.8. Safe belaying of seconder	
	6.9. Ability to hoist seconder a minimum of 1.5 meters	
	6.9. Set up of safe, effective top belay system for seconder	
	6.10. Candidate instructs assessor on process once climb completed:	
	6.10.1. Ensuring adequate distance from cliff	
	6.10.2. Untying procedures	
	6.11. Leading competence	
	6.12. Confidence in instructing	
Cor	mments:	

SAREA TRG OR TRI/SPG ASSESSMENT

Rescue Component (Assessor to choose components as necessary) 7. Hoisting and Hauling 7.1. Anchors set up to facilitate use of an assisted or unassisted hoist 7.2. Safety checks carried out prior to use of equipment 7.3. Demonstrate safe lowering practices with chosen belay device 7.4. Assisted Hoist 7.4.1. Clear and unambiguous communication 7.4.2. Carried out in an efficient and timely manner 7.4.3. Personal safety maintained 7.4.4. Climber safety maintained 7.5. Haul conscious person using a mechanical advantage system 7.5.1. Clear and unambiguous communication П 7.5.2. Carried out in an efficient and timely manner П 7.5.3. Demonstrate an increase in mechanical advantage 7.5.4. Personal safety maintained 7.5.5. Climber safety maintained Comments: 8. Rescue Scenario 8.1. Safety checks carried out prior to use of equipment 8.2. Clear and unambiguous communication 8.3. Carried out in an efficient and timely manner 8.4. Personal safety maintained 8.5. Climber safety maintained Comments: 9. Abseiling, Ascending and Descending 9.1. Safety checks carried out prior to use of equipment 9.2. Passing a knot 9.2.1. Carried out in a timely and efficient manner 9.2.2. Personal safety maintained 9.3. Ascending with prussiks 9.3.1. Carried out in a timely and efficient manner 9.3.2. Personal safety maintained..... 9.4. Ascending with mechanical ascenders 9.4.1. Carried out in a timely and efficient manner 9.4.2. Personal safety maintained Comments:

S.A.R.E.A	SAREA TRG OR TRI/SPG ASSESSMENT	
10. lns	structional techniques and methods	
	 10.1. Demonstrations are clear and to a high technical level	
	sor/s comments on assessment (to be included in the candidates logbook):	<u>.</u>

Assessor/s signature/s: Candidate's Signature: